

For:

# EMERGENCY PLAN

## Home Emergency Kit

In an emergency, you will need some basic supplies. You may need to get by without power or tap water. Be prepared to be self-sufficient for at least 72 hours.

### Basic Emergency Kit Contents

- Water - 2L per person per day plus small bottles in case of an evacuation order
- Food that will not spoil - canned food, energy bars, dried food, etc.
- Manual can opener
- Crank or battery powered flashlight
- Extra batteries

### If applicable include

- Prescription medication
- Infant formula
- Equipment for people with disabilities
- Food, water, medication for pets

### Recommended Additional Items

- Additional water - 2L per person per day for cooking
- Candles and matches or a lighter
- Change of clothing and footwear for each person
- Sleeping bag or blanket for each person
- Toiletries
- Hand sanitizer
- Utensils
- Garbage bags
- Toilet paper

## Tips and items you may want to have easily accessible in your home

- A corded phone if you have a land line ;
- A crank or battery powered radio
- First Aid Kit
- Extra keys to your vehicle and house
- Cash in smaller bills
- Household chlorine bleach or water purifying tablets
- Basic tools - hammer, pliers, wrench, screwdriver, work gloves, dust mask, pocket knife
- A whistle ;
- Duct tape

**Keep your Emergency Kit lightweight and easy to move  
Pack some supplies into small duffle bags or backpacks**

For:



# EMERGENCY PLAN

## Vehicle Emergency Kit

In an emergency, you may need some supplies in your vehicle. Prepare a small kit and leave it in your vehicle

### Basic Vehicle Emergency Kit Contents

- Blanket
- Small shovel, scraper and snowbrush
- Candle in a deep can, matches or lighter
- Warning light or road flares
- Extra clothing and shoes
- Water
- First Aid Kit with seatbelt cutter
- Whistle
- Flashlight (crank or battery powered)
- Antifreeze
- Food that will not spoil (such as energy bars)
- Windshield washer fluid
- List of emergency contact numbers
- Fire extinguisher
- Phone number for road side assistance
- Sand, salt or cat litter (non-clumping)
- Radio (crank or battery powered)

### Recommended Additional Items

---

### Additional notes or special instructions:

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---